

# Towers

HEALTH & RACQUETS CLUB

## Personal Training at Club Towers

We have a highly experienced team of personal trainers here at the Club with a variety of specialisms. Whatever your fitness goals may be, our Personal Trainers can help you stay motivated and achieve them faster.

Updated on 25th August 2025

Personal Training (60-minute Session)	Pack Price	Price per Session	PM* Pack Price	PM Price per session
Single Session	-	£46	-	£43.50
4 Pack	£176	£44	£166	£41.50
DD 1 session per month	£42.50	£42.50	£40	£40
DD 4 sessions per month	£164	£41	£154	£38.50
Direct Debit top up	-	£42.50	-	£40
Couples 4 Pack	£258	£64.50	£246	£61.50

Personal Training (45-minute Session)	Pack Price	Price per Session	PM Pack Price	PM Price per session
DD 1 sessions per month	£37	£37	£35	£35
DD 4 sessions per month	£144	£36	£136	34
Direct Debit top up	-	£37	-	£35

Personal Training (30-minute Session)	Pack Price	Price per Session	PM Pack Price	PM Price per session
Single Session	-	£30	-	£28
4 Pack	£116	£29	£108	£27
DD 4 sessions per month	£110	£27.50	£106	£26.50
Direct Debit top up	-	£28.50	-	£26.50
Couples 4 Pack	£156	£39	£148	£37

\*PM = Premium Member Discount.

To find out more please speak to any of the team or email [info@clubtowers.com](mailto:info@clubtowers.com)

