



# Breakfast

**Towers**  
HEALTH & RACQUETS CLUB

Where Time is Well Spent

# Breakfast

Served from 9am - 12pm

## Club Towers Full English

£10.95

Two Lincolnshire pork sausages, two rashers of unsmoked bacon, two eggs of your choice, roasted mushrooms and tomatoes, baked beans, hash browns and white or brown toast. (GFO, DFO)

## Eggs Over Toast

£5.25

Your choice of eggs over toast - brown or white bloomer bread. (GFO, DFO)

## Small Breakfast

£7.45

Fried or scrambled egg, bacon, pork sausage, roasted tomato and mushrooms, hash brown, baked beans and white or brown toast. (GFO, DFO)

## All Day Omelette

£5.75

Plain omelette served with house dressed salad.

\*Choice of toppings for £1.25 each: cooked ham, cheddar cheese, unsmoked back bacon, mushroom, tomato, sauteed onion. Or spinach for £1.50. Or smoked salmon for £2.65. (GFO, VO)

## Vegetarian Breakfast

£8.95

Two vegetarian sausages, two eggs of your choice, roasted tomato and mushrooms, hash browns, baked beans and white or brown toast. (GFO, DFO, V, VEO)

## Smoked Salmon & Scrambled Eggs

£10.45

Toasted sourdough bread topped with scrambled eggs and smoked salmon. (GFO, DFO)

## Small Vegetarian Breakfast

£7.45

Fried or scrambled egg, vegetarian sausage, hash brown, tomato, mushroom, baked beans and white or brown toast. (V, GFO, DFO, VEO)

## Eggs Avocado

£8.95

Two poached eggs over smashed avocado on toasted sourdough bread. (GFO)

## Wake-Up Breakfast

£7.45

Scrambled eggs with chilli, parsley and white or brown bread. Add chorizo for £1.25 (GFO, DFO)

## Eggs Benedict

£9.45

Poached eggs on toasted English muffin served with ham topped with Hollandaise sauce. (GFO)

## Bacon or Lincolnshire Sausage Bap

£5.95

Add 2 eggs for £1.20, or 2 x hash brown for £1.50 or 2 x Lincolnshire pork sausage for £1.50 or 2 x back bacon for £1.50 or halloumi for £2.50 (GFO, DFO, VO, VEO)

## Eggs Florentine

£9.45

Poached eggs on toasted English muffin, served with spinach topped with Hollandaise sauce. (GFO, V)

## Toast & Preserves

£2.25

Choice of brown or white bloomer bread.

## Eggs Royale

£10.75

Poached eggs on toasted English muffin, served with smoked salmon topped with Hollandaise sauce. (GFO)

Upgrade to sourdough or gluten-free bread for £1.10

## Dietary Options

V = Vegetarian

VE = Vegan

GF = Gluten Free

DF = Dairy Free

VO = Vegetarian Option

VEO = Vegan Option

GFO = Gluten Free Option

DFO = Dairy Free Option

Please do let us know of any food allergies, intolerances or preferences before ordering and our team will do their best to help. Wheat and nuts are used daily in our kitchen.

If you require information about allergens in our food, please scan the QR code or ask at the Counter. All dishes are prepared in a kitchen where all allergens are present, as such we cannot guarantee any to be 100% free from allergens.

