

Swimming Holiday Timetable

From Monday 18th December 2023 - Sunday 7th January 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06:00							
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22:00							

General Swim

Aqua

Adult only swim

Family Splash - floats, balls & toys are allowed at this session.

Please note there will be one lane open for lane swimming.

** Please note that Family Splash will only take place on the 6th and 7th January.

*Please note during aqua classes the lanes remain open for adult only swimming only.

* Please note that Aqua will only be on as follows:

Monday 18th December, Wednesday 20th December (both classes), Friday 22nd December, Wednesday 3rd January and Friday 5th January.

Aqua 11.15-12.00*

Aqua 11.15-12.00*

Aqua 12.15 - 13.00*

Family Splash Time
13.30-15.30**

Family Splash Time
13.30-15.30**

Aqua 19.15-20.00*

Swimming at Club Towers

Our pool is 1.2 deep the whole way across, 20m long and is kept around 30 degrees. Our water treatment process uses a state-of-the-art, high pressure UV system enabling us to reduce the amount of chlorine in our pool, whilst maintaining the highest levels of cleanliness. We hope you agree this provides a much better environment for swimmers both in and out of the water.

Booking isn't required for the pool, hydropool or steam and sauna rooms.

In order to create a positive environment where we can all enjoy the pool, we have a few key rules that we would like members to be aware of and to adhere to:

- During junior swimming lessons, the pool is divided in two, with half of the pool designated for the classes and half for casual or lane swimming.
- During Aqua classes the pool is split 2/3 for the Aqua class and 1/3 for casual swimmers. There is no dedicated lane swimming. We also turn off the bubbles in the Spa to reduce the noise on poolside so that the class participants can hear our instructors.
- Please remember to shower before using the pool or hydropool.
- Please don't take any essential oils into the steam room or sauna
- Please do not leave towels/ costumes to dry in the sauna.
- Please do take note of the adult only swim times overleaf.
- Under 16s must be supervised at all times in the pool.
- Under 16's are not allowed in the Spa area.
- Mobile phones must not be used around the pool or in the spa area.

Swimming Lessons

We operate our own in-house swimming school offering lessons for children of all ages and abilities in small class sizes.

You can see the times available on our website www.clubtowers.com/swimminglessons or please do get in touch via daisy.grove@clubtowers.com to find out our current availability.