

## Personal Training at Club Towers

We have a highly experienced team of personal trainers here at the Club with a variety of specialisms. Whatever your fitness goals may be, our Personal Trainers can help you stay motivated and achieve them faster.

Personal Training (60-minute Session)	Pack Price	Price per Session
Single Session	-	£45
3 Pack	£129	£43
6 Pack	£249	£41.50
Direct Debit 1 session per month	-	£39
Direct Debit 4 sessions per month	£156	£39
Direct Debit 8 sessions per month	£312	£39
Direct Debit top up	-	£39
Couples 3 Pack	£193.50	£64.50

Personal Training (30-minute Session)	Pack Price	Price per Session
Single Session	-	£29
4 Pack	£110	£27.50
Direct Debit 4 sessions per month	£104	£26
Direct Debit top up	-	£26
Couples 4 Pack	£156	£39

**Premium Package members receive 10% off all prices above.**

To find out more please speak to any of the team or email [info@clubtowers.com](mailto:info@clubtowers.com)

